

Practical Information 10th CCBIO Annual Symposium 2022

Solstrand, May 10-11, 2022 Bergen - Norway

Welcome!

On behalf all PIs at CCBIO, we would like to express our gratitude that you have decided to spend some of your time to enrich the 10th CCBIO Annual Symposium by your presence. Below you will find the necessary practical information. The program will be issued at www.ccbiosymposium.no.

Registration (very important)

Please fill in and submit your <u>registration</u> as early as possible. After the CCBIO internal deadline March 29 we will open up for global registration with a deadline April 10. Please note that the form is not submitted until you have received the online and email confirmation.

Practical information

Cost sharing

CCBIO subsidizes each CCBIO participant with two thirds of the total expenditure for CCBIO Annual Symposium. The own contribution/registration fee for on-site participants is 2500 NOK/260 Euro and includes lodging and full board. Online participation is free of charge. Please make sure to indicate online/in-person attendance when registering.

Paying the own contribution

When registering, you are asked to inform us whether the funds you will use for the own contribution are located at UiB or outside of UiB. Those using funds located outside UiB will need to pay at the hotel reception upon checking in. Alternatively, we

can issue an invoice, that will include an invoicing surcharge of 500NOK/50 euro. Those using funds located at UiB will get an internal UiB invoice free of charge after the symposium.

Arrival, registration and name tag on May 10

You will find the registration desk in the hotel lobby. Please register there and find your name tag. We kindly ask you to wear your name tag throughout the conference (hotel requirement). Payment is to be made at the hotel lobby upon checking in, not at the registration desk.

Speed talks & Posters

During the online registration, please indicate whether you would like to present a poster and/or hold a 3-minute plenary speed talk. Kindly provide the poster/talk title, authors, size of the poster, and whether you will be presenting alone or together with a co-author (indicate name). Also, remember to submit a <u>one-page poster abstract in Word format to Eli.Vidhammer@uib.no</u> within April 20. The presenters will receive more detailed information in a separate e-mail after the registration deadline has expired.

Room reservations, luggage, check in and check out

Check-in on May 10 will be possible from 15:00. Luggage can be kept in the luggage room. Latest check-out will be at 12:00 on May 11. We have reserved the whole hotel for the symposium, so your name will appear in the hotel system only very close to the symposium start.

Wellness at Solstrand

Solstrand Hotel has a rather comprehensive wellness area consisting of multiple swimming pools, saunas, a gym as well as the possibility of diving into the sea itself (strongly recommended for a morning/noon/evening dip). The use of the wellness area is included in the conference fee whereas costs for any SPA-treatment will have to be paid for by the individual participant.

Food and drink

Upon arriving and during the symposium, please feel free to help yourself from the coffee, tea and light food placed in the hall marked with CCBIO's logo. Breakfast on May 10 is not included (unless you are staying overnight from May 09) and please keep clear of the dining hall until lunch May 10. Lunch is included each conference day, and dinner in the evening of May 10, if you have selected this option when registering, as well as breakfast May 11 for those having stayed overnight. Soft drinks during meals and a certain amount of wine/beer for dinner is included in the registration fee. Further beverages and snacks from the mini bar can be purchased individually.

Wireless internet at Solstrand and the airport

All Norwegian airports have free Eduroam. At Solstrand, the wireless network is open without a password.

Smoking

Solstrand is a non-smoking hotel and all rooms, including balconies, are non-smoking, as is prescribed by Norwegian law. There is a smoking pavilion by the reception and smoking is permitted outside as long as you dispose of your cigarette stumps at the designated places.

Sharing rooms

If you want to or are willing to share the room with someone, please state this when you register. If you decide to share your room after registering, please send an e-mail to Geir Olav Løken (Geir.Loken@uib.no).

Travelling to and from Solstrand

Participants need to arrange their own transport to and from the symposium, and we encourage participants from Bergen to share cars as parking space is limited. There are direct buses from Bergen Bus Station taking 50 minutes. The stops are either "Osøyro, Bjørnafjorden" or "Solstrandvegen, Bjørnafjorden", followed by a 20 or 10 minute walk respectively to reach Hotel Solstrand.

Arrival and departure by plane: Bus/Light Rail vs Taxi

You are expected to arrange your own transport to and from the symposium.

Upon arrival at Bergen Airport Flesland, we recommend that you take either a taxi from the taxi stand at the airport to the hotel (address below) or the light rail+bus.

<u>Light rail and bus</u> takes about 60 minutes and entail two to three transfers plus a walk of either 21 or 10 minutes and costs 40 NOK/4 Euro. It will also necessitate that you install the app called "Skyss billett" or buy a single ticket at a ticket machine. For schedules, go to www.skyss.no/en and travel from "Bergen lufthavn, Bergen" to "Osøyro, Bjørnafjorden" or "Solstrandvegen, Bjørnafjorden", then walk to Hotel Solstrand using Google Maps for navigation.

Norwegian taxis have card terminals and will accept all major international credit cards. Ask the taxi to take you to Hotel Solstand at Os. It would normally cost around 900 NOK/90 Euro and take around 40 minutes (up to 25 min longer during rush hours 07:00 to 09:00 and 15:00 to 17:30). For the return trip to the airport, you can (well in advance) either order a taxi yourself (+47 07000) or ask the staff at the hotel reception desk to order on your behalf.

About Hotel Solstrand

Solstrand Hotel & Bad is a historical hotel established in 1896 and situated right by the Bjørnefjord, an arm of the Hardangerfjord, 30 km south of the airport. This hotel was recently rated as Norway's best hotel and its unique location is very beautiful.

<u>Hotel contact information</u> Solstrand Hotel & Bad Solstrandveien 200, s Postboks 54, 5201 Os Phone: +47 56 57 11 00

Website: http://www.solstrand.com/en/

Email: hotel@solstrand.com

Other practical questions

For other practical questions (<u>after</u> reading the above thoroughly), please feel free to contact Geir Olav Løken (Geir.Loken@uib.no), +47 55 58 54 36/+ 47 905 17 997.

On behalf of Prof. Lars A. Akslen, MD PhD Director of CCBIO

Best regards, Geir Olav Løken, Administrative leader of CCBIO



http://www.solstrand.com